

Investigation 3.4A

Dr. _____

Sore Throat Worksheet 3.4A

P: ___ Date: _____

Sore Throat Workup

Patient Name: _____ Age: _____ Gender: M F

Vital Signs: **Ht:** _____ in **Wt:** _____ lbs **BP:** _____ / _____ mmHg **Pulse:** _____ b/m

CC: _____

HxCC: (List important information from patient in history of chief complaint)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

ROS: (List all positive findings from Review of Systems)- list addition positives on back)

1. _____
2. _____
3. _____
4. _____

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Positive Examination Findings:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

DDX: (List your five most likely diagnoses from the Diagnosis Grid – Place a Star next to your “most likely culprit”).

1. _____
2. _____
3. _____
4. _____
5. _____

DDX-2: List the disorders from your DDX list you **ruled out** immediately because their symptoms did not fit this patient’s history and physical exam findings:

1. _____
2. _____
3. _____

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Dr: _____

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Place an 'X' on the line next to any test you would consider them to help your investigation of this patient's medical problem. Write NA for any test listed that is probably not appropriate to your evaluation of this condition:

- _____ X-rays
- _____ Complete Blood Count (CBC)
- _____ MRI of the head and neck
- _____ Ultrasound Study
- _____ Culture and Sensitivity

Lab Test Results:

Lab Test	Normal	Results
CBC - RBC	4.7 to 6.1 million red blood cells/ul (microliter)	5.4 million red blood cells /mCL (microliter)
CBC - WBC	4,500-10,000 white blood cells per microliter (mCL)	12,000 white blood cells per microliter (mCL)
Culture & Sensitivity	Light diverse bacterial growth	Staph Aureus – sensitive to cefazolin

Lab Test Summary: Record any positive lab test findings:

1. _____
2. _____
3. _____

What might cause the WBC count to exceed the normal range? _____

1. _____
2. _____
3. _____

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Diagnosis. (Hint: It is listed on the DDX list)

Treatment Recommendations (Select type of treatment(s) you would recommend)

1. _____
2. _____
3. _____

Check the appropriate box to indicate how this medical condition spreads from one person to another (more than one method of spreading may exist):

Method of spreading	yes	no
Through the air		
Skin to skin contact with another person		
Touching contaminated object		
Sharing a glass		
Contact with contaminated blood		
Drinking contaminated water		
Contact with contaminated urine		
Cannot be spread to others		

Write a paragraph about an experience you had when you got a sore throat. Did you visit your doctor? Were any tests performed to find the cause? What treatment was recommended for you? (Continue on back of page if needed)

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P: ___ Date: _____

Reflections

1. What was your patient's chief complaint? _____

2. Would you consider Ronald's complaint to be:

(circle) Acute or Chronic

Why? _____

3. How would you classify Ronald's condition (circle your answer)?

Possible Emergency or Probably Non-Emergency

4. Which DDX possibilities did you **rule out** right away?

a. _____

b. _____

c. _____

d. _____

5. Was this an injury or illness? (Circle your answer)

6. Was this injury or illness preventable? How or why not? _____

7. What is the normal range for red blood cells (rbc)? _____

8. What is the normal range for white blood cells (wbc)? _____

9. What test would you order to determine their RBC and WBC count?

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10. What test is useful to determine which 'bug' is causing an infection?

11. Why might you recommend a tonsillectomy for this patient? _____

12. What was your Final Diagnosis?

13. Why do you think Ronald developed a fever with his throat infection?

14. What is a "Pyrogen"? _____

15. Does our body temperature influence the way pathogenic organism grow in our bodies? How? _____
